## PARA HILLS RESIDENTIAL CARE MONTHLY CALENDAR- November 2023

Sunday	Monday	Tuesday	Wednesday 1st	Thursday 2nd	Friday 3rd	Saturday 4th
			Room visits	Birthday Cel	Birthday Cel	
			Pet Therapy	Rom Exercises	Craft	Charleton and
			Kathy's	Mel Cup craft	Mel Cup Bingo	Christmas
			reminiscing-	•	. •	Pageant
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Sunday 5th	Monday 6™	Tuesday 7™	Wednesday 8 <sup>TH</sup>	Thursday 9 <sup>TH</sup>	Friday 10™	Saturday 11™
	Craft- Mel Cup		A Current Affairs	Rom Exercises	Xmas Cart	
	Cards/Poker	Melbourne Cup	Pet therapy	Craft	Building	REMEMBRANCE
	Volunteers visit	Celebrations	Photo Boards	Walking Group	Bingo	DAY
				Poppy Making		
Sunday 12 <sup>™</sup> <sup>©</sup>	Monday 13 <sup>™</sup>	Tuesday 14 <sup>TH</sup>	Wednesday 15™	Thursday 16™	Friday 17 <sup>TH</sup>	Saturday 18th
	Reminiscing	Day Spa	Pet Therapy	Rom Exercises		
	Cards/Poker	<b>Word Searches</b>	Cooking	Room visits	Craft	
	Volunteers visit	Arm Chair travel	Anti-biotics	Skittles	Bingo	
		Craft	awareness day			
			Baby Shower			
Sunday 19th	Monday 20th	Tuesday 21st	Wednesday 22nd	Thursday 23rd	Friday 24th	Saturday 25th
	Christmas Craft	Day Spa	Birthday Cel	Rom Exercises	Christmas Tree	
	Cards/Poker	Room visits	Pet Therapy	Residents	Decorating	Catholic Church
	Volunteers visit	Word Search	Christmas Craft	Meeting	Bingo	at 10.30am
		Sing-a-long		Music		
Sunday 26 <sup>TH</sup>	Monday 27th	Tuesday 28th	Wednesday 29th	Thursday 30th		
	Craft	Day Spa	Pet therapy	Rom Exercises		
	Cards/Poker	Word Searches	Cooking	Scottish day		
	Volunteers visit	Music	Christmas Craft	Quiz/ White		
				board games		
	Outside activities are dependent on weather	Spa Day- See Kim and Ana for an appointment	Hairdresser Days 3rd, 8th, 17th, 24th, 29th	Residents' Meeting 23 <sup>rd</sup> @ 10.30		Catholic Church Service Every 2 weeks