

PARA HILLS RESIDENTIAL CARE MONTHLY CALENDAR – February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday 1st	Friday 2nd	Saturday 3rd
				Room visits ROM Exercises Walking Group Craft	Craft Bingo	Catholic Church at 10.30
Sunday 4th	Monday 5TH	Tuesday 6TH	Wednesday 7TH	Thursday 8th 🍰	Friday 9th	Saturday 10TH
	Reminiscing Cards Volunteers visit	Word Searches Day Spa Armchair Travel	Craft Pet therapy Cooking	ROM Exercises Birthday Cel Whiteboard games	1:1 Bingo- Valentines Day	
Sunday 11TH	Monday 12TH	Tuesday 13TH	Wednesday 14TH	Thursday 15TH	Friday 16TH	Saturday 17th
	Craft Cards-poker Volunteers visit Yahtzee	Word Searches Day Spa Shrove Tuesday 	Pet Therapy Valentines Day Chinese New Year Concert in the ballroom	Residents Meeting@ 10.15am Walking group Trivia	News of the World Bingo	Catholic Church At 10.30
Sunday 18th	Monday 19th	Tuesday 20th	Wednesday 21st	Thursday 22nd	Friday 23rd	Saturday 24th
	Craft Cards Volunteers visit	Day Spa Word Searches Art therapy	Pet therapy Cooking Movie afternoon	ROM Exercises White board games	Music Bingo	
Sunday 25TH	Monday 26th	Tuesday 27th	Wednesday 28th	Thursday 29th	Friday	Saturday
	Photo Boards Poker Volunteers visit	Day Spa Word searches Quiz	Pet therapy Cooking Trivia	ROM Exercises Tea Party		
<u>Outside activities are dependent on weather</u>	<u>Sensory Room Daily Program-</u>	<u>Day Spa- See Physio Aids for an appointment</u>		<u>Resident Meetings 15-2-24@ 10.15pm</u>	<u>Hairdresser Day 2nd, 7th, 16th and 21st</u>	