

PARA HILLS RESIDENTIAL CARE

January 2024 Newsletter

HAPPY NEW YEAR!!

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THIS MONTHS BIRTH FLOWER/SIGNS/ STONE

The birth sign is shared between Capricorn and Aquarius.

The birth flower is the Carnation.

The birthstone is the Garnet.



Happy Birthday to Julia, Mark, Rudy, Kath G, Brian, Francesco and Graham

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Previous Month's Highlights – December

We have been so busy this month with all our Christmas Festivities.

- Christmas Carols were held on Wednesday afternoon on the 6th of December. The staff along with Chloe hosted the carols this year, and everyone has said that they really enjoyed it. Some of our residents were in the nativity play for the Carol "Away in a Manger", so special thanks to Les, Dawn, Barb, Jacqueline, Mark, Keith and Marie. They did a great job. Many thanks to the staff that made our Carols afternoon fantastic. Francesco and Rosa had fun performing Dominic the Donkey with Chloe as Lello wasn't well so got out of performing. Thank you to everyone that performed- you were all fantastic.
- The residents Christmas Luncheon was held on Wednesday the 13th of December in the Ceafield dining rooms. A HUGE thank you to all of the staff that made this a special day. A big thank you also to Tony, Lello and the partners for another successful day.
- Les won the lucky seat for the residents and Amanda E was the staff winner. Congratulations to Holly for winning the cart and kindly sharing out the prizes to many people.
- Father Christmas arrived on the 20th of December, along with two helpers. The gifts were given out followed by our raffle draw. Congratulations to the winners: 1st- Ida, 2nd- Abi, 3rd- Jacqueline.
- Minor prizes- Ida, Abi, Holly, Jacqueline, Tanya, Kim, Emilia, Kath, Elice, Deepa and Kathy.
- Many thanks to the wonderful people that have supported us with our fundraising by donating prizes for our raffles.

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- Christmas Day was celebrated with a traditional lunch and some residents went out and celebrated with their families.

Comments and Complaints



QR Code

Does everyone know that if you have a problem you **CAN** do something about it?

The Helping Us to Care Brochures are located at the Kester's notice board which is at the Kester's Road entrance to the Nursing Home. There are also some located in the Ceafield Wing both near the notice board and on the bookcase. You can scan the QR pictured above.

You can also always ask one of our friendly staff if you cannot find them.

Feedback is an integral part of improving the home and providing the highest quality of care to all residents.

All issues are treated as confidential and we endeavor to sort out any problems in a timely manner.

Continuous Improvement

We try to please every resident with our activities but if there is something that you would like to do, please do not hesitate to let one of our friendly DT Team know. We appreciate all your input into the activity program.

UPCOMING EVENTS

- Monday the 1st- Happy New Year
- Saturday the 7th and 21st - Catholic Church at 10.30 am
- Wednesday the 24th- Australia Day Celebrations- BBQ Indoor Cricket game and Thong throwing comp.
- Friday the 26th of January- Australia Day
- Saturday the 27th- 102 birthday Celebration
- Wednesday the 31st- Kathy's Reminiscing- 200 years of Food.

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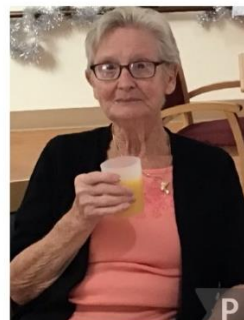
A short reminder to all residents, families and friends

Your role during an emergency

On hearing an alarm sound you should do the following:

- Remain calm
- Stay where you are until directed by a staff member - ***UNLESS YOU ARE IN IMMEDIATE DANGER***
- Always be aware of your nearest exit (as indicated on the floor plan in each bedroom and as displayed throughout our home)
 - Be aware of where the nearest fire door is
 - Be aware of the location of the fire extinguishers / hoses / break glass
 - Assist where ever possible as directed by the chief fire warden (white hat) or fire warden (red hat).

Some of the birthdays in December



PIC • COLLAGE

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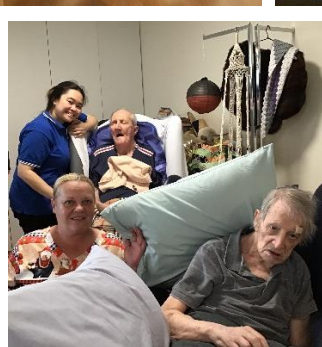
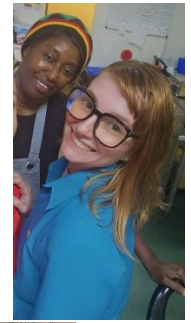
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Christmas Celebrations: Our Christmas Carols afternoon, Christmas Luncheon and Father Christmas arriving to give out the gifts.



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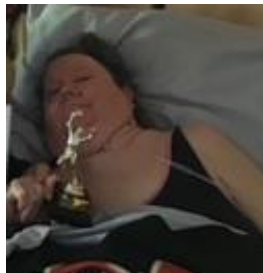


In loving Memory of

Reg



Linda



Gaby

