

PARA HILLS RESIDENTIAL CARE

April 2024 Newsletter

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This Month's Birth Flower / Stone / Signs

The Birth sign is shared between Aries and Taurus.

The Birth flower is the daisy.



The Birthstone is a diamond.



Happy birthday to Hilary. We all hope you have a great day.

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Previous Month Highlights – March

- **A group of staff and residents went to the Community Club for lunch on Wednesday the 6th. We will be going again in May if anyone would like to come. The taxis were all on time which made the day very pleasant- thanks Les.**
- **Thursday the 7th of March- the Football season started again. The footy tips are up and running with Brenda in the lead. She actually got 9 out of 9 so well done Brenda- awesome tipping.**
- **Monday the 11th was Adelaide Cup and we held a sweep with Barb, Wera and Rudy all coming first place. Congratulations.**
- **Monday the 18th we celebrated Saint Patricks Day with a concert in the Ballroom. Once again, Martin did a great job involving everyone in the singing and some dancing. Congratulations to Ana and Abi for winning the dual food eating competition- well done guys.**
- **On Wednesday the 27th we held our Easter Luncheon. A huge thank you to Tony and partners for making this day special and to everyone that helped out on the day. Les and Mark you have been a great help in doing the decorations, this is very much appreciated.**
- **Easter weekend was held over the weekend of Good Friday the 29th of March – Easter Monday the 1st of April.**

Comments and Complaints

Does everyone know that if you have a problem you **CAN** do something about it?

The Helping Us To Care Brochures are located at the Kesters notice board which is at the Kesters Road entrance to the Nursing Home.

There are also some located in the Ceafield Wing both near the notice board and on the bookcase.

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QR code

You can also always ask one of our friendly staff if you cannot find them.

Feedback is an integral part of improving the home and providing the highest quality of care to all residents.

All issues are treated as confidential and we endeavour to sort out any problems in a timely manner.

Continuous Improvement

We try to please every resident with our activities but if there is something that you would like to do, please do not hesitate to let one of our friendly DT Team know. We value your input into our continuous improvement program and how we can improve the services provided to you.

Upcoming Events

The following are some of the upcoming events in April:

1st- Easter Monday and April Fools Day

7th- Day light saving ends- Turn your clocks back

10th- Ballroom dancers are coming in at 1.30pm

11th- Residents Meeting

11th- Walking Group

12th and the 26th- Hairdresser- Rita is only coming on Friday fortnights until June the 12th.

13th- Catholic Church Service

15th- Remembering the Titanic

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17th- Poppy Making

23rd- Shakespeare's Day

24th- Saint George's Day

25th Anzac Day

27th- Catholic Church

30th- World Hygiene Day and International Jazz Day



A short reminder to all residents, families and friends

Your role during an emergency

On hearing an alarm sound you should do the following:

- Remain calm
- Stay where you are until directed by a staff member - **UNLESS YOU ARE IN IMMEDIATE DANGER**
- Always be aware of your nearest exit (as indicated on the floor plan in each bedroom and as displayed throughout the nursing home)
- Be aware of where the nearest fire door is
- Be aware of the location of the fire extinguishers / hoses / break glass
- Assist where ever possible as directed by the chief fire warden (white hat) or fire warden (red hat)

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MARCH'S BIRTHDAYS



Luncheon at the Club

Saint Patrick's Day



Candy our Female Cockatiel

She has laid 2 eggs, hopefully they will Hatch soon.



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EASTER LUNCHEON



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Winners of the Easter Raffle are: Holly, Elice, Lisa,
Amanda and John.

Winner of the Count the Chocolates in the Jar is: Holly
with the number 227.

Lucky seat- Mary, Kath, Ian and Hilary.

Lucky seat- Holly, Jove and Bisham.

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