

PARA HILLS RESIDENTIAL CARE

SEPTEMBER 2024 NEWSLETTER

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Birthdays for September

- Happy Birthday to Pam, Dan and Jean C. We all hope you have a great day.

This Month's Birth Flower / Stone / Signs

The Birth sign is shared between Virgo and Libra

The Birth flower is the Aster.



The Birthstone is a Sapphire

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Previous Month Highlights – August

- International Beer Day and Aged Care Employee Day was celebrated on the 7th of August with most of our residents tasting many different beers. Ginger Beer was voted the best. Congratulations to Chris for winning the Competition.
- Thursday the 15th we held a fire training session for residents and families. This was very informative for the residents and Keith thanked Ben for this session.
- Wednesday the 28th of August we had Elvis visit us for a concert in the Ballroom. This was such a fun afternoon with lots of dancing and singing. All the residents and staff had a wonderful time. Elvis sang happy birthday to the August birthday residents.
- The residents meeting was held on Thursday the 29th with family and residents attending. The minutes of the meeting are available to read.
- Our Father's Day Raffle was drawn on Thursday the 29th with Ana winning 1st prize, Kim winning 2nd prize, Ray winning 3rd prize followed by Jacqueline and Emilia.
- Our Footy tipping is finished for the year with only finals to go. 3 residents are still in it to win a prize as the last round was a mystery round as the places are very close.

Comments and Complaints

Does everyone know that if you have a problem you **CAN** do something about it?

The Helping Us To Care Brochures are located at the Kesters notice board which is at the Kesters Road entrance to the Nursing Home.



QR Code

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There are also some located in the Ceafield Wing both near the notice board and on the bookcase.

You can also always ask one of our friendly staff if you cannot find them.

Feedback is an integral part of improving the home and providing the highest quality of care to all residents.

All issues are treated as confidential, and we endeavour to sort out any problems in a timely manner.

Continuous Improvement

We try to please every resident with our activities but if there is something that you would like to do, please do not hesitate to let one of our friendly DT Team know. We appreciate all your input into the activity programme.

We try to do a lot of different activities, but any suggestions are greatly appreciated.

Upcoming Events

The following are some of the upcoming events in September:

- 1st: Father's Day
- 4th: Luncheon at the Club
- 9th & 11th- Show Bag sorting
- 10th- How to adjust to Lifestyle Changes
- 14th: Catholic Church
- 25th-27th- Show week
- 27th- Footy tipping presentation
- 28th: Grand Final
- 28th: Catholic Church



A short reminder to all residents, families and friends

Your role during an emergency

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On hearing an alarm sound, you should do the following:

- Remain calm
- Stay where you are until directed by a staff member - ***UNLESS YOU ARE IN IMMEDIATE DANGER***
- Always be aware of your nearest exit (as indicated on the floor plan in each bedroom and as displayed throughout the nursing home)
- Be aware of where the nearest fire door is
- Be aware of the location of the fire extinguishers / hoses / break glass
- Assist wherever possible as directed by the chief fire warden (white hat) or fire warden (red hat)

August Birthday Photo's

Ellen



Kathleen



Vera



Barb's Family Party

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International Beer Day



Congratulations to Chris for winning the beer competition



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Elvis Concert



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Photos from

The Residents Meeting, Family and friends visiting



Our walking Group- Enjoying the beautiful weather with family and friends joining in.

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Fathers Day Raffle Draw



In loving Memory of Vicki

