




# PARA HILLS RESIDENTIAL CARE MONTHLY CALENDAR – JANUARY 2026

				<b>Thursday 1st</b>	<b>Friday 2nd</b>	<b>Saturday 3rd</b>
				Room Visits HAPPY NEW YEAR	Craft Bingo	
<b>Sunday 4th</b>	<b>Monday 5th</b>	<b>Tuesday 6<sup>TH</sup></b>	<b>Wednesday 7<sup>TH</sup></b>	<b>Thursday 8th</b>	<b>Friday 9th</b> 	<b>Saturday 10<sup>TH</sup></b>
Catholic Church 10.30	Craft Volunteers Visit Games/Quizzes	Take down Xmas decorations Walking group Indoor games	Pet therapy The year that was- reminiscing	ROM Exercises Elvis's birthday Elvis trivia, movie	Birthday Cel Bingo	
<b>Sunday 11<sup>TH</sup></b>	<b>Monday 12<sup>TH</sup></b>	<b>Tuesday 13<sup>TH</sup></b> 	<b>Wednesday 14<sup>TH</sup></b>	<b>Thursday 15<sup>TH</sup></b>	<b>Friday 16<sup>TH</sup></b>	<b>Saturday 17th</b>
	Craft Volunteers Visit Yahtzee	Birthday Cel Making Aust flags Walking group	Pet therapy "Tour down Under" Celebration	ROM Exercises White board games	Games & trivia Bingo	
<b>Sunday 18th</b>	<b>Monday 19th</b> 	<b>Tuesday 20th</b>	<b>Wednesday 21st</b>	<b>Thursday 22nd</b>	<b>Friday 23rd</b>	<b>Saturday 24th</b>
Catholic Church 10.30	Birthday Cel x2 Yahtzee Volunteers Visit	Walking group Word Searches Aust. Movie	Damper Making Pet therapy Australia Day Cricket match	ROM Exercises Australia Day photos	Fruity Friday Happy hour at "The Patio Bar"	
<b>Sunday 25<sup>TH</sup></b>	<b>Monday 26th</b>	<b>Tuesday 27th</b> 	<b>Wednesday 28th</b> 	<b>Thursday 29th</b>	<b>Friday 30th</b>	<b>Saturday 31st</b>
	Australia Day 	Birthday Cel Word Searches Walking group	Birthday Cel Pet Therapy National Hot Chocolate day	ROM Exercises Photo boards Quizzes/games	Craft Bingo	
<u>Outside activities are dependent on weather</u>	<u>Food Focus Meeting Feb 16<sup>th</sup> 10 am</u>			<u>Resident Meetings</u> Feb 4 <sup>th</sup> at 10.15		 Birthday Cel