

PARA HILLS RESIDENTIAL CARE MONTHLY CALENDAR – JULY 2026

				Wednesday 1st	Thursday 2nd	Friday 3rd
				Room visits Pet therapy Reminiscing	ROM Exercises One life Church Marra dreaming arts Footy Tips	Craft Day Bingo
Saturday 4th	Sunday 5th	Monday 6th	Tuesday 7th	Wednesday 8th 🍰	Thursday 9th	Friday 10th
		Footy update Tabletop Games Volunteers visit	Word Searches Walking Group International Chocolate Day	Birthday Cel Pet therapy White Board games	ROM Exercises Footy tips TV Quiz	Outside Morning Tea Bingo
Saturday 11th	Sunday 12th	Monday 13th 🍰	Tuesday 14th	Wednesday 15th	Thursday 16th	Friday 17th
		Birthday Cel Footy update Yahtzee Volunteers visit	Word searches Walking Group Bastille Day	Lutheran Church Pet therapy All about Disney	Residents Meeting Footy tips Photo Boards	Cooking ROM Exercises Bingo
Saturday 18th	Sunday 19th	Monday 20th	Tuesday 21st	Wednesday 22nd	Thursday 23rd 🍰	Friday 24th
		Footy update Tabletop Games Volunteers visit	Word Search Walking Group News of the World	Memory Books Pet therapy	Birthday Cel ROM Exercises Footy tips Music & sing- along	Commonwealth Games (Facts & Trivia) Bingo
Saturday 25th	Sunday 26th	Monday 27th	Tuesday 28th	Wednesday 29th 🍰	Thursday 30th	Friday 31st
Birthday Cel		Footy Update Yahtzee Volunteers visit	Word Searches Walking group Skittles or Balloon games	Birthday Cel Pet therapy Cheesecake day	ROM Exercises Footy tips Paint & Sip	World Friendship Day Bingo
<u>Catholic Church</u> <u>TBA</u>	<u>Outside activities</u> <u>are dependent on</u> <u>weather</u>	7 th - International Chocolate day	14 th Bastille Day	Lutheran Church 15 th at 10.30	16 th - Residents Meeting	 Birthday