PARA HILLS RESIDENTIAL CARE MONTHLY CALENDAR – OCTOBER 2026

Saturday 31st					Thursday 1st	Friday 2nd
					Room Visits Birthday Cel Rom Exercises One Life Church Music	Cooking Bingo
Saturday 3rd	Sunday 4th	Monday 5th	Tuesday 6th	Wednesday 7th	Thursday 8th	Friday 9th
	Day light saving begins 	Labour Day Holiday	Word Searches/Puzzles Walking Group TV quiz/general knowledge	Cooking BBQ Melbourne Cup Planning	News of the World White board/quiz	Craft Bingo
Saturday 10th	Sunday 11th	Monday 12th	Tuesday 13th	Wednesday 14th	Thursday 15th	Friday 16th
		Outdoor Morning tea Games Volunteers visit	Word searches/puzzles Walking Group Memory games	Craft Paint and Sip	Rom Exercises Memory Books	Mel Cup Crafts Bingo
Saturday 17th	Sunday 18th	Monday 19th	Tuesday 20th	Wednesday 21st	Thursday 22nd	Friday 23rd
		Aras Meeting Games/Yahtzee Volunteers visit	Puzzles and Word Searches Walking group Infection Control Mel Cup crafts	Covid Vacc Mel Cup Prep	Residents Meeting @ 10.15am Card games	Birthday Cel ROM Exercises Bingo
Saturday 24th	Sunday 25th	Monday 26th	Tuesday 27th	Wednesday 28th	Thursday 29th	Friday 30th
		Melb Cup Preparations Yahtzee Volunteers visit	Word searches/puzzles Walking Group Mel cup crafts	Craft Mel Cup prep	Rom Exercises Card Games Mel Cup prep	Birthday Cel Bingo
Outside activities are dependent on weather	Catholic Church Service Twice a month		Pet therapy with Wolfie-every fortnight	Hairdresser Days 2nd, 9th, 16th,23rd, 30th-dependant on bookings.	Residents Meeting 22nd- Thursday 10.15 am	Birthday Cel

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