

PARA HILLS RESIDENTIAL CARE

January 2021 Newsletter

HAPPY NEW YEAR!!

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THIS MONTHS BIRTH FLOWER/SIGNS/ STONE

The birth sign is shared between Capricorn and Aquarius.

The birth flower is the Carnation.

The birthstone is the Garnet.



Happy Birthday to Kath G and Francesco

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Previous Month's Highlights – December

December was a fun month with lots of Christmas activities and quite different this year.

- Christmas Carols were held on Tuesday afternoon on the 8th of December. The staff hosted the carols this year due to Covid and everyone has said that it was fantastic. Some of our residents were in the nativity play for the Carol of "Away in a Manger", so special thanks to Claire, Kath, Ian, Margaret, Marie, John, Barb and Hazel. They did a great job. Many thanks to the staff that made our Carols afternoon fantastic. The effort that you guys put in was amazing.
- Father Christmas arrived to pay a special visit to the residents on Wednesday the 9th of December. Thank you to Santa's elves for helping out and a BIG thank you to this year's Santa, Chris!
- The raffle was drawn and Chris won the car so congratulations.
- The residents Christmas Luncheon was held on Wednesday the 16th of December in the Ceafield dining rooms. A HUGE thank you to all of the staff that made this a special day. A big thank you also to Tony, Lello and the partners for another successful day.
- Francesco won the lucky seat for the residents and Eileen was the staff winner.
- Christmas Day was celebrated with many residents going out for the day with their families. For the residents that stayed at the home, they enjoyed a traditional lunch. Many thanks to the wonderful people that have supported us with our fundraising by donating prizes for our raffles.

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Comments and Complaints

Does everyone know that if you have a problem you **CAN** do something about it?

The Helping Us to Care Brochures are located at the Kester's notice board which is at the Kester's Road entrance to the Nursing Home. There are also some located in the Ceafield Wing both near the notice board and on the bookcase.

You can also always ask one of our friendly staff if you cannot find them.

Feedback is an integral part of improving the home and providing the highest quality of care to all residents.

All issues are treated as confidential and we endeavor to sort out any problems in a timely manner.

Continuous Improvement

We try to please every resident with our activities but if there is something that you would like to do, please do not hesitate to let one of our friendly DT Team know. We appreciate all your input into the activity program.

UPCOMING EVENTS

- Bible study on the 11th and 25th of January.
- Wednesday the 27th of January is our in house cricket day in conjunction with Australia Day.
- Wednesday the 3rd of February- New Zealand Day
- Chinese New Year will be celebrated on the 12th of February, being the year of the Ox.
- On Sunday the 14th is Valentine's Day.
- Tuesday the 16th is Pancake Day (Shrove Tuesday)

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A short reminder to all residents, families and friends

Your role during an emergency

On hearing an alarm sound you should do the following:

- Remain calm
- Stay where you are until directed by a staff member - ***UNLESS YOU ARE IN IMMEDIATE DANGER***
- Always be aware of your nearest exit (as indicated on the floor plan in each bedroom and as displayed throughout our home)
 - Be aware of where the nearest fire door is
 - Be aware of the location of the fire extinguishers / hoses / break glass
 - Assist where ever possible as directed by the chief fire warden (white hat) or fire warden (red hat).



Our Nativity Cast

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Christmas Photo's

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Christmas Carols Entertainment

Eileen and Chris- with their prizes

Christmas Photo's

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December Birthdays



In loving memory of Tim